

## Reference Guide for Parents/Carers – September 2020

### COVID 19 Symptoms

If your child becomes unwell with a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia), they will be sent home.

Your child will be escorted to a safe outdoor area and kept in isolation. Staff will remain 2m away and utilise PPE if necessary. Any siblings in either schools will be escorted outside to be collected as well.

Parent/Carer will be contacted immediately and your child/ren will need to be taken home asap.

You must then follow these guidelines:-

1. **isolate:** as soon as you experience coronavirus symptoms, medical advice is clear: you must self-isolate for at least 7 days. Anyone else in your household must self-isolate for 14 days from when you started having symptoms
2. **test:** order a test immediately at [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus) or call 119 if you have no internet access
3. **results:** if your test is positive, you must complete the remainder of your 7-day self-isolation. Anyone in your household must also complete self-isolation for 14 days from when you started having symptoms. If your test is negative, you and other household members no longer need to self-isolate
4. **share contacts:** if you test positive for coronavirus, the NHS test and trace service will send you a text or email alert or call you with instructions of how to share details of people with whom you have had close, recent contact and places you have visited. It is important that you respond as soon as possible so that NHS can give appropriate advice to those who need it. You will be told to do this online via a secure website or you will be called by one of the NHS contract tracers.

Parent/Carer must report back to school that they have arranged a test (via text, email or phone) and then **notify the school immediately after receiving the result.**

### Suspected/Confirmed Case in Class/School

The Health Protection Team will work with the school and guide them through the actions that Pauntley School would need to take.

If your child tests negative, you no longer need to self-isolate and can return to school.

If your child has tested positive, the rest of that class will be sent home and advised to self-isolate for 14 days since they were last in contact with that child.

A letter will be sent to each family within that class from the Health Protection Team, with all the relevant guidelines on what action to take.

If someone in a class or group that has been asked to self-isolate, then develops symptoms themselves within their 14-day isolation period, they should follow [‘stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection’](#). They should get a test, and:

- if the test delivers a negative result, they must remain in isolation for the remainder of the 14-day isolation period. This is because they could still develop the coronavirus (COVID-19) within the remaining days.
- if the test result is positive, they should inform school immediately, and must isolate for at least 7 days from the onset of their symptoms (which could mean the self-isolation ends before or after the original 14-day isolation period). Their household should self-isolate for at least 14 days from when the symptomatic person first had symptoms,